

**Save the Date:**

Friday, September 20, 2013; 1:00-4:00 PM

## **BUILDING THE STRENGTH AND RESILIENCY OF ADOLESCENTS**

A workshop for clinicians, program planners and youth workers

**BC Children's Hospital**

Chan Auditorium, 4500 Oak Street, Vancouver.

**Kenneth Ginsburg, M.D., M.S. Ed**

Adolescent Medicine Pediatrician at The Children's Hospital of Philadelphia  
Professor of Pediatrics at the University of Pennsylvania School of Medicine  
Director of Health Services, Covenant House Pennsylvania, serving Philadelphia's  
homeless and marginalized youth.

This workshop will focus on building on the strengths of teenagers by fostering their internal resilience. Dr. Ginsburg strives to translate the best of what is known from research and practice into practical approaches which clinicians, parents, professionals and communities can use to build resilience. Core to this model is the understanding that youth choose behaviors that manage stress in their lives, and that if we are to reduce worrisome youth behaviors; we need to address those stressors.

Dr. Ginsburg lectures widely to national and international parent and professional audiences. His most recent books include, "Building Resilience in Children and Teens: Giving Kids Roots and Wings," published by The American Academy of Pediatrics and "Letting Go with Love and Confidence: Raising Responsible, Resilient, Self Sufficient Teens." In addition, he is the editor of the American Academy of Pediatrics Textbook and Video Production "Reaching Teens: Wisdom from Adolescent Medicine." He has over 100 other publications, including 28 scientific articles.

He is currently working closely with The Boys and Girls Club of America, which serves over 5 million youth, to incorporate resilience building strategies into their programming. His greatest honor is to be the parent of two teenage daughters.

**To register email: [youthhealthprogram@cw.bc.ca](mailto:youthhealthprogram@cw.bc.ca)**

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2013 Roger Tonkin Visiting Professorship in Adolescent Health Research  
Sponsored by BC Children's Hospital, Division of Adolescent Health and Medicine, Child and  
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