



The **University of British Columbia (UBC)** is Canada's third largest university and consistently ranks among the 40 best universities in the world. Primarily situated in Vancouver, UBC is a research-intensive university and has an economic impact of \$4 billion to the provincial economy. The **UBC Faculty of Medicine** educates health professional and life sciences students at the undergraduate, graduate and postgraduate levels, and pursues research – in the laboratory, in clinical settings and at the population and public policy level – to improve the health of people worldwide.

**BC Children's Hospital (BCCH)** cares for the province's most acutely ill or injured children and youth and pediatric patients with chronic medical disorders, and provides developmental and rehabilitation services to children and youth throughout BC. BCCH offers a wide range of health services and specialized health

### **Residency Wellness Lead**

**The University of British Columbia, Department of Pediatrics  
BC Children's & Women's Hospital**

The Residency Wellness Lead responsibilities include:

- 1. Develop and maintain a Wellness Framework that can be used to guide all wellness initiatives in our program. This includes but is not limited to:**
  - a. Regular review and updates to program specific wellness policy
  - b. Regular review of UBC Pediatric Mistreatment Pathway document
- 2. Chair the Resident Wellness Committee**
  - a. Organize 3-4 meetings a year
  - b. Guide the ongoing work of the Committee by providing mentorship to resident members
  - c. Approve and support resident-led initiatives that complement the Wellness Framework
  - d. Oversee the wellness budget
  - e. Oversee organization of Mentor Groups (specifically provide faculty orientation and ongoing faculty support)
- 3. Preparation and Participate as a member of the Residency Program Committee (RPC)**
  - a. Fulfill a role of resident physician advocate to ensure that program related changes are congruent with resident well-being
  - b. Ensure the program is upholding its commitment to resident wellness as outlined in the Resident Wellness Policy
  - c. Provide biannual updates to the RPC
- 4. Provide individual resident support**
  - a. Identify and support residents in difficulty
  - b. Liaise with the Residency Program Directors re residents in difficulty
- 5. Advocate for supports and program changes that will increase resident wellness**
  - a. Support the implementation and utilization of the RWO peer support network at BCCH through education for trainees and staff around referral process and by referring residents to increase uptake



6. Enhance resident education around burnout, resiliency and wellness
  - a. Create a formal wellness curriculum
    - i. Organize, develop and/or facilitate presentations, written resources, workshops, retreats (ex. RdoC Resiliency Training) For example, fatigue risk management and introduction to wellness sessions in orientation block
    - ii. Advise on wellness education and/or activities in the program's bi-annual resident retreats
    - iii. Assist in the organization of the wellness journal club every 2 years (along with the journal club committee)

Review of applications will commence immediately. Interested applicants should submit a letter of intent and curriculum vitae including a list of three references **by May 13, 2024** to:

**Sylvia Wu**

Senior Manager Education  
Department of Pediatrics, UBC  
BC Children's & Women's Hospital  
Vancouver, BC **Email: [swu@cw.bc.ca](mailto:swu@cw.bc.ca)**

**Term: 2 years**

**Compensation: \$6,000 Stipend per annum**

The anticipated start date is **July 1, 2024**

Ranked among the world's top medical schools with the fifth-largest MD enrollment in North America, the UBC Faculty of Medicine is a leader in both the science and the practice of medicine. Across British Columbia, more than 12,000 faculty and staff are training the next generation of doctors and health care professionals, making remarkable discoveries, and helping to create the pathways to better health for our communities at home and around the world.

The Faculty - comprised of approximately 2,200 administrative support, technical/research and management and professional staff, as well approximately 650 full-time academic and over 10,000 clinical faculty members - is composed of 19 academic basic science and/or clinical departments, three schools, and 24 research centres and institutes. Together with its University and Health Authority partners, the Faculty delivers innovative programs and conducts research in the areas of health and life sciences. Faculty, staff and trainees are located at university campuses, clinical academic campuses in hospital settings and other regionally based centres across the province.

Equity and diversity are essential to academic excellence. An open and diverse community fosters the inclusion of voices that have been underrepresented or discouraged. We encourage applications from members of groups that have been marginalized on any grounds enumerated under the B.C. Human Rights Code, including sex, sexual orientation, gender identity or expression, racialization, disability, political belief, religion, marital or family status, age, and/or status as a First Nation, Metis, Inuit, or Indigenous person. All qualified candidates are encouraged to apply; however Canadians and permanent residents of Canada will be given priority.